



"ASK WHAT MAKES YOU COME ALIVE AND GO DO IT. BECAUSE WHAT THE WORLD NEEDS IS PEOPLE WHO HAVE COME ALIVE." ~ HOWARD THURMAN

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MARCH 1, 2020

Meet the Staff

We have one department member this month who has not been officially introduced. **Phil Groark** has been team teaching with Taylor Chester this year at East Campus.

Phil Groark

Hi! My name is Phil Groark. This is my 14th year at LP. I am a Special Education teacher currently co-teaching Algebra 1 Single and SP Pre-Algebra. I have taught in every department at LP except English. I was born and raised in Dublin, Ireland, and have been living in and around Chicagoland for 32 years. My wife Tracy is a middle school math teacher in Elk Grove. We've been married almost 24 years and have three kids - two boys, Anton and Ethan, ages 20 and 16, and our daughter Bella is 11. I love the Bears, chocolate, rocking out to U2, and playing guitar.

Here is one more addition to the LP Math department...

Grace Kathryn Gawrych

Grace was born on February 18, 2020 weighing 7 pounds, 10 ounces. Margaret and Mike Gawrych are excited about their newest family member!



Lancer Trophy

Andrea Miller

Andrea was awarded the Lancer trophy for her enthusiasm with being a traveling teacher for the first time. She also has taken on a student teacher this semester.



Assorted Activities

This month we highlight some of the things taking place both inside and outside of the LP classrooms. Here are some examples of department happenings:

- **Paula Williams** – Paula celebrated her milestone birthday in grand style this month.



- **Spring Forward** – Daylight Saving Time begins Sunday, March 8th. Here are some [fun facts](#) about Daylight Savings Time.
 - Benjamin Franklin came up with the idea.
 - Hawaii and most of Arizona do not observe Daylight Saving Time.
 - Approximately 70 countries observe Daylight Saving Time, although some countries call it "Summer Time."
 - Students and chaperones going to Greece for the AP Statistics trip will change their clocks March 8th in the US and again on March 29th in Europe.
- **Math Team** – The math team won the DuKane Conference Math Contest last month. This is the first time as conference champions since 2005. Former conferences include DuPage Valley and Upstate Eight. The math team is coached by **Clint Anticevich, Taylor Chester, Ashley McIntyre, Christian Pawlak, and Candice Sagliano.**



- **Rakhi Mistry** – I presented at the West Suburban Math Institute at Glenbard North Feb 28th on "Mindfulness and Math Anxiety." Research has proven that there is a direct correlation to student success in math when educators address the fears students have that have been engrained from years of "not being good at math." We looked at three specific ways to change student mindset: journaling, affirmations, and meditation. We discussed how to implement these three interventions before class assessments. Here is a [poster](#) you can display in class.

- **Alanda Mehic and Margaret Gawrych** – On February 7th, Algebra 3 students attended a field trip to the College of DuPage. Students saw a presentation from the admissions office, counseling, and student services. The students found COD's 3+1 bachelor's degree program very interesting. In partnership with schools such as Benedictine University, Concordia University, Roosevelt University, and more, students are able to receive a 4 year degree by paying COD's tuition for 3 years and the University's for 1 year, all while attending COD's campus.

